

Enjoys the Life Put Into Him by *Strongfortism*

May 25, 1926.

Dear Mr. Strongfort:

You can depend on me to keep on following your instructions as the further I go the more I enjoy the life you have put into me.

Receive my most heart-felt appreciation, in the way you have taken interest in me. I will never be able to say enough for you or for your Course.

Sidney F. Clark,
Tottenham, Ontario,
Box 129.



Sidney F. Clark
Tottenham, Ontario

From a Farm Worker

Ormsby, Maine.
March 17, 1926.

My dear Friend and Instructor:

Before I began practising your Course I would not have believed that the time spent each day following your instructions would be so much more effective and far-reaching in the building of bodily health, strength and energy than the many hours of work to be found on the farm. That it makes such a great improvement and puts pep and energy in the human system so quickly is incomprehensible.

JOHN WINKLEMAN,
Box 103.

Camden, Ark.
April 23, 1926.

Dear Mr. Strongfort:

The concrete proof of what your Course has and is doing for me is in the improvement of my spirits and a desire to find an outlet for energy that I never thought it would be possible for me to "generate."

LOUIS M. BRAM.

Lionel Strongfort
STRONGFORT INSTITUTE
NEWARK, N. J., U. S. A.